

## Fresh Personalized Pizza

### Ingredients:

- 1 Naan Bread
- 1/4 cup part-skim mozzarella
- 1/3 cup finely shredded Italian Style Cheese
- 1 Fresh sliced Tomato
- 1 tbsp finely chopped Fresh Basil

Healthy options to add:

Mushrooms

Artichokes

Red or Green Bell Peppers

### Directions:

1. Preheat oven to 450 degrees F
2. Thinly Slice tomato in circles
3. Cover the tomatoes with cheese
4. Sprinkle the finely chopped basil on the top of the cheese
5. Bake in oven until the cheese is completely melted

### Nutrition Information:

**Entire Pie** = 540 cal, 16 g Fat (10 g Saturated Fat), 64 g Carbohydrates, 913 mg Sodium

**½ of the Pie** = 290 cal, 8 g Fat (5 g Saturated Fat), 32 g Carbohydrates, 451.5 mg Sodium